

## 糖尿病早期腎病變跨科照護

### **Multidisciplinary Approach of Early CKD in DM**

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Chronic kidney disease (CKD) is a prevalent and progressive condition world-widely. Diabetes is a leading risk factor of CKD. People with diabetes and CKD are at high risk of complications such as cardiovascular events and death. However, CKD is often unrecognized and undiagnosed amongst people with diabetes or pre-diabetes. To manage CKD, a multi-disciplinary approach with traditional and newer agents have been studied in trials and recommended in clinical practice guidelines.

In this talk, we will at first, review current measurement of CKD to identify individual risk of CKD status, its progression as well as systemic risks. Secondly, we will introduce a patient scenario which demonstrate opportunity and challenge in CKD management in diabetes patient. At the last part, we will make a debriefing about current therapeutic combinations of diabetes-CKD based on a systemic as well as multi-disciplinary team work.